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**Release Date:**

August 16, 2024

FOR IMMEDIATE RELEASE**MCN Health Hosts 18th Annual Diabetes Summit**

TULSA, OK - The Muscogee Nation Department of Health hosted the 18th Annual Diabetes Awareness Summit on August 8 at River Spirit Casino Resort. With over 200 attendees, the summit featured presentations from experts in diabetes, health, and nutritional food knowledge. This year's event focused on the theme "Complications Can Be Prevented," highlighting the importance of early prevention and management of diabetes.

Attendees were able to take advantage of a variety of activities, including free health screenings, physical activity breakouts, and the opportunity to network with health exhibitors. NDN Elvis even made an appearance for some fun entertainment while attendees enjoyed a nutritious lunch.

"This year's diabetes summit has been more impactful than ever," said Public Health Director Abbi Lee. "It's not just about education; it's about empowering our citizens with the tools and knowledge they need to prevent complications and live healthier lives. By coming together, we continue to build a stronger, more informed community that is ready to face the challenges of diabetes head-on."

According to the CDC, Native Americans are almost three times more likely to be diagnosed with diabetes than any other ethnic group. The Muscogee Nation remains dedicated to decreasing these numbers by making investments in modern therapies.

"With these new resources we've been focusing on major advancements in population health, preventative medicine as well as diabetic care," said Acting Secretary of Health Tim Hicks. "For us to change history, for us to look to the future, we have to continue to educate. We have to let everyone know what they can do to combat this disease."

The Diabetes Summit is an annual event open to citizens of the Muscogee Nation and other tribal citizens that live within the Muscogee Nation Reservation. For more information on MCN Health and resources available for diabetes treatment and prevention, visit Creekhealth.org.

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About Muscogee Nation Department of Health

Headquartered in Okmulgee Okla., the Muscogee Nation is the fourth largest federally recognized tribe in the United States with more than 100,000 citizens. The Muscogee Nation Department of Health operates community hospitals. To ensure healthy generations of Native people, the Nation also operates Indian health clinics and provides dedicated services for citizens of federally recognized tribes.